



PennState
College of the Liberal Arts

CSC Child Study
Center



The Child Study Center Speaker Series presents



Robert Nix

Professor of Human Development and Family Studies
University of Wisconsin-Madison

Thursday, March 19

4:00 p.m.

Memorial Lounge, Pasquerilla Spiritual Center
University Park, Pennsylvania

Open to the Public - Reception to Follow



“Improving the Quality of Home Visits to Better Serve Families Living in Poverty”

This presentation will review how the Recipe 4 Success preventive intervention used a community-based participatory approach to design a new home visit curriculum for families with young children living in poverty. It will summarize the results from two randomized controlled trials testing that curriculum against current evidence-based practices on multiple domains of functioning, including parents’ sensitive scaffolding, responsive food parenting practices, toddlers’ self-regulation, and healthy eating habits. It then will explore how studies of therapeutic mechanisms within Recipe 4 Success shed light on broad principles of design and implementation that might enhance the effectiveness of other preventive interventions.