5th Annual Central PA Workshop on Evidence-Based Mental Health Services



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"The Collaborative Life Skills Program: An Evidenced- Based School- Home Intervention for Attention and Behavior Challenges"

Youth with attention and behavior problems present with multiple challenges at school and at home. All too often school services for these youth are inadequate and clinic-based services have limitations in terms of accessibility and generalization of treatment effects. To address these concerns, we developed the Collaborative Life Skills Program (CLS). Administered by a school-based mental health provider, CLS provides skill training for students and simultaneously trains teachers and parents to implement specific strategies for promoting the student's success across the school and home settings. All components are integrated to support generalization and cross-situational treatment effects. This presentation will describe the origins and conceptual basis of CLS, the key intervention components, and the methods for training school mental health providers. Recorded video demonstrations of CLS training components will be presented and discussed. The latest findings from open trials and a recently completed randomized trial of CLS will be presented along with our current efforts to develop a web-based remote training platform for clinicians.

Friday, May 18, 2018 9:00 a.m. – 3:00 p.m. 127 Moore Building, University Park

REGISTRATION IS REQUIRED: Register at http://csc.la.psu.edu/training-institute/workshops \$50 for current Penn State affiliates, \$75 for non-Penn State attendees, \$15 PSU Graduate Students Contact Shannon Ranio (srr12@psu.edu) with questions or to register.

This workshop satisfies PDE's requirements for six Act 48 hours. Psychologist can receive a maximum of six continuing education (CE) credits. Full attendance at the workshop is required to receive CE and Act 48 credit. Late arrivals or early departures will preclude awarding of CE credits. The Penn State Psychological Clinic, Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Penn State Psychological Clinic maintains responsibility for this program and its content.



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