



PennState
College of the Liberal Arts

CSC Child Study Center
Collaboration, Innovation, Education, Action



Family-Level Perspectives on Sleep and Self-Regulation in Early Childhood

A symposium focusing on intervention, family sleep, and self-regulation

Kate Williams

Queensland University of Technology

Michelle Garrison

University of Washington

Maureen McQuillan

Indiana University

Doug Teti

The Pennsylvania State University

Co-sponsored by the Department of Human Development and Family Studies

Tuesday, January 14, 2020

8:30 a.m.—Noon

Foster Auditorium

Paterno Library, University Park, PA

or via webinar

Scan to register:



*For more information,
email ChildStudyCenter@psu.edu.*