

ParentCorps: Centering Culture and Building Authentic Relationships

Spring Dawson-McClure,
Kai-ama Hamer &
Dana Rhule

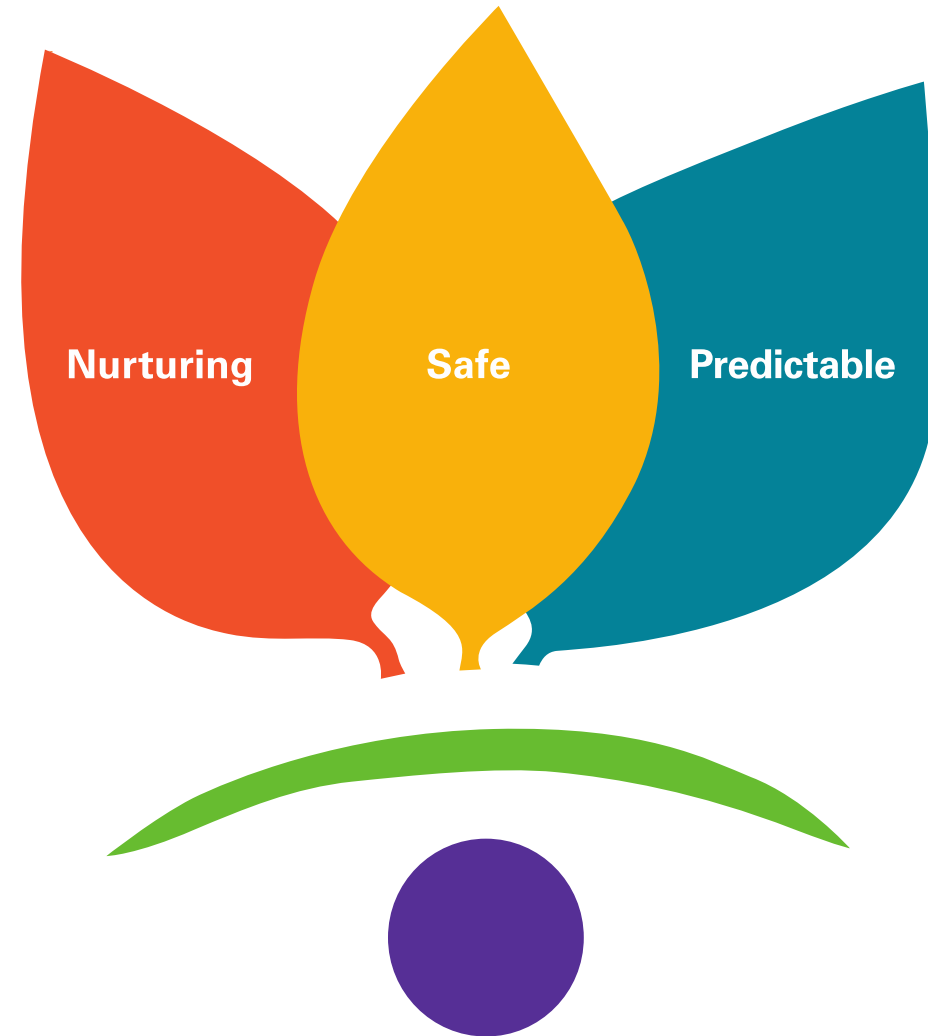


ParentCorps

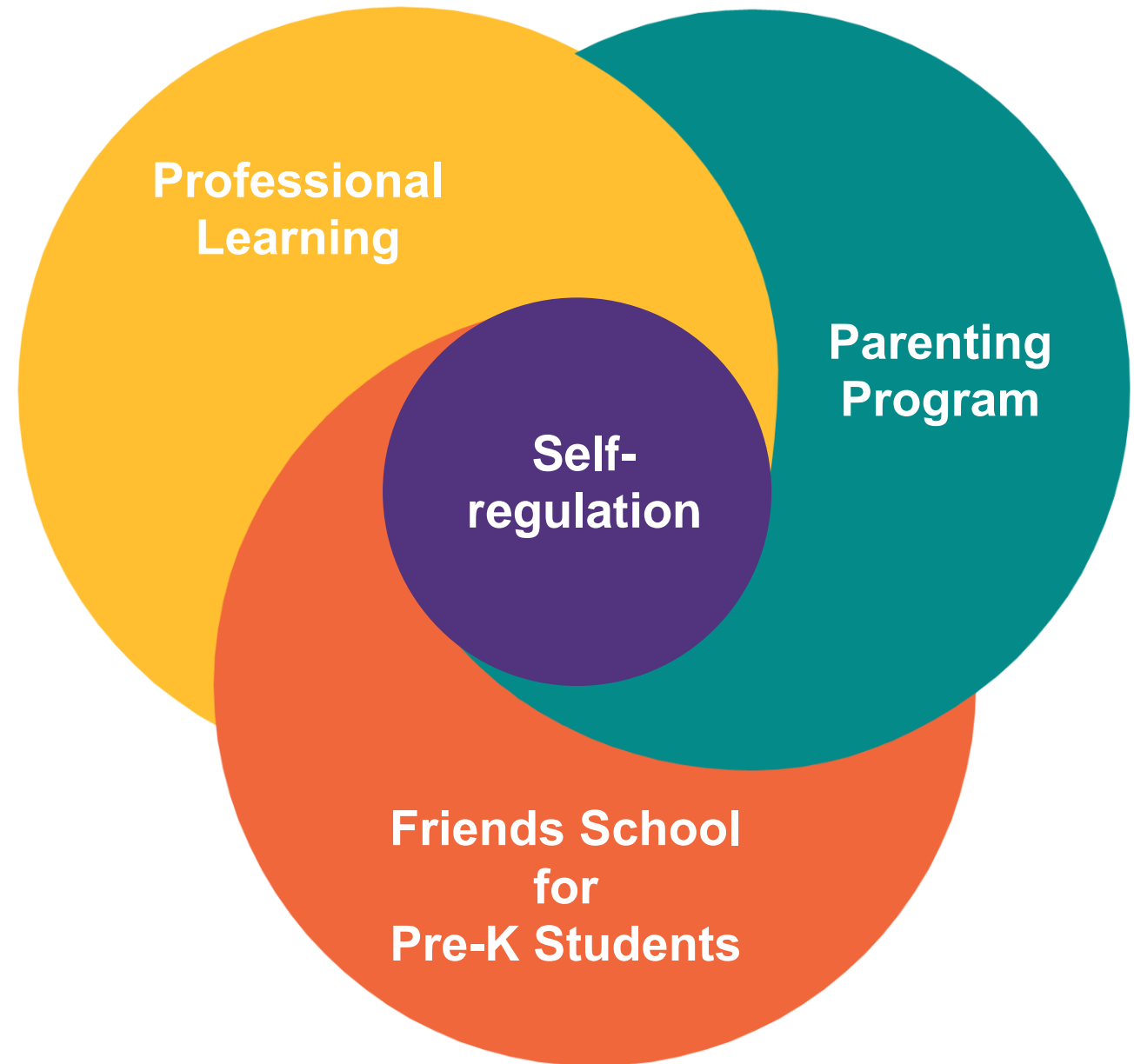
ParentCorps is a family-centered, school-based program for all children as they enter Pre-K.

We partner with district- and school-based leaders to deliver ParentCorps as an enhancement to pre-K in historically disinvested neighborhoods.

We aspire to center racial equity and the voices of people of color throughout all aspects of our work.



ParentCorps' Three Components



ParentCorps



Please use this link to view the video
<https://vimeo.com/119892423>

Evidence of Impact

2 Randomized Controlled Trials in NYC Schools with Pre-K in Historically Disinvested Neighborhoods
Samples of primarily Black and Latino children, immigrant families.



Positive Parenting Practices
(Safe, Nurturing, & Predictable)
Parent Involvement in Learning



Positive Classroom Environments
(Safe, Nurturing, & Predictable)
Strong Family Engagement

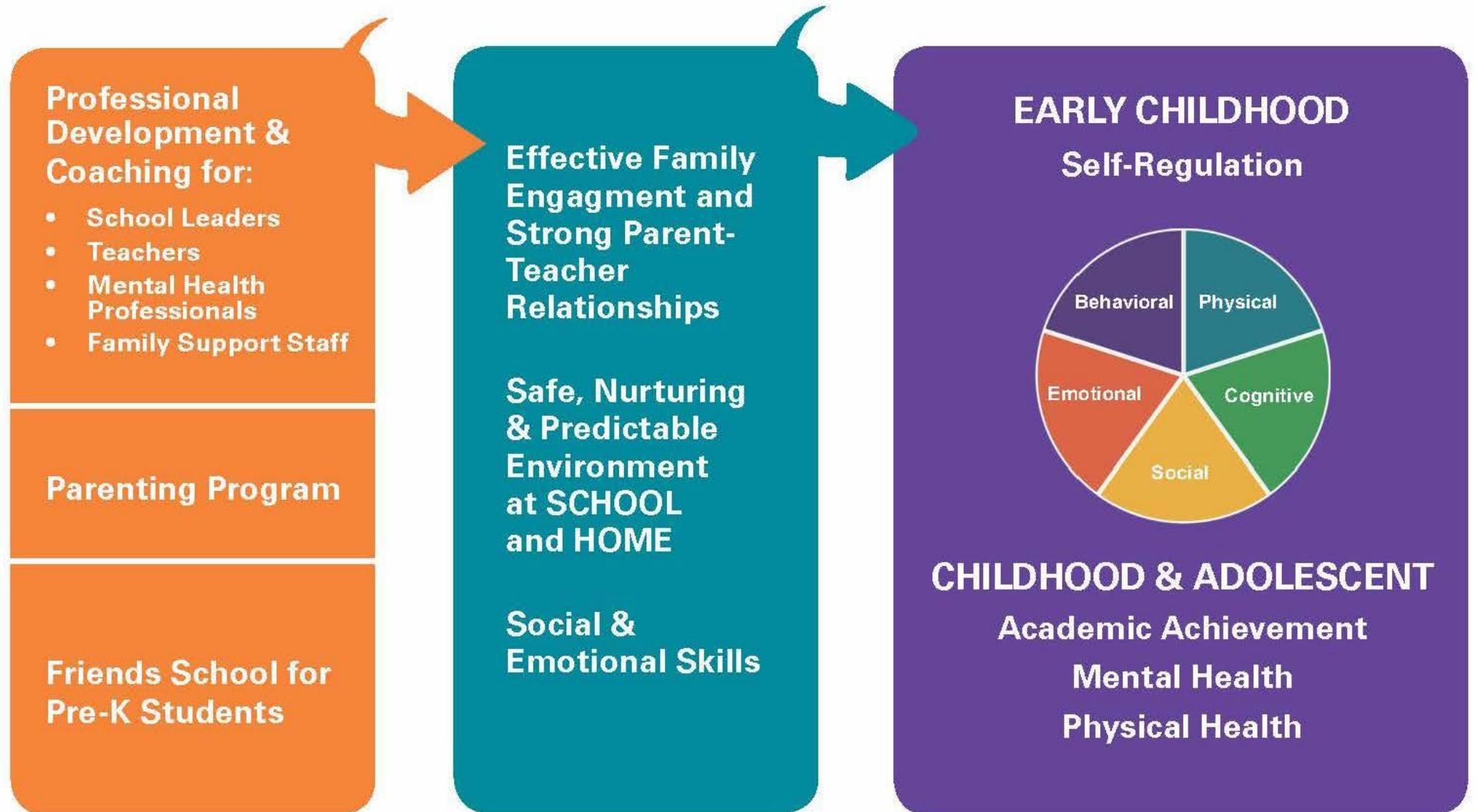


School Readiness
(Self-Regulation & Pre-Academic Skills)



Pre-K through 2nd Grade:
Academic Achievement (Test Scores & Ratings)
Mental Health (Behavioral & Emotional)
Physical Health (Obesity & Health Behaviors)

Theory of Change



Building Authentic Relationships

Family Engagement in early childhood education = “a process used to *build genuine relationships* with families... to *support* overall family well-being and children’s healthy development.

- Listening, respecting, earning trust and engaging with parents as essential partners

Yet, interactions at school can often be unwelcoming and challenging for parents of color and immigrant parents.

- Fewer than 20% of teachers in the US are people of color = most teachers are unfamiliar with the values and norms of their students and families
- Compelling evidence of implicit racial bias

**Supporting teachers and school leaders in building authentic relationships with parents
+ embedding parenting program in school**

Centering Culture

Embrace a broad definition of culture

- Including race, nationality, immigrant status, language gender, sexuality, religion.

Honor every family's culture as important and adaptive

- Incorporating into sessions the values and beliefs that each parent holds based on their identity.
- *In initial sessions*, parents reflect on influences; share values and beliefs; set goals.
- *In subsequent sessions*, parents assess the fit and relevance of each evidence-based parenting strategy.

Foster collaboration and affirm autonomy

- Parents share ideas with each other and continually reflect on their values and beliefs in reaction to strategies introduced by the facilitator, in a mutual transfer of expertise.
- Parents make their own decisions about whether and how to use strategies, informed by evidence and as the one who knows best about their child, family and context.

The Magic

- Self-reflection
- Openness to considering new strategies
- Shifts in behavior (and perhaps beliefs)
- Changes in parenting practices, child school readiness

Group process + structure and tools scaffold parents in practicing executive functioning skills (eg, goal-setting, planning, problem-solving) and management of stress and emotions in the context of trying new parenting strategies

- Strengthened core capacity to consistently and flexibly use strategies as children develop and may generalize to other aspects of parents' lives



Our Philosophy

OUR CORE VALUES:

Collaboration. Autonomy. Culture. Community. Evidence. Equity.

OUR SPIRIT:

We partner. We listen. We respect. We engage.

Activity: Our Guiding Values



Our Guiding Values

1. Identify a value that is important to you
2. Think about what this value means to you



Service	Health	Purpose	Responsibility	Openness
Acceptance	Cooperation	Mindfulness	Achievement	Friendship
Humor	Knowledge	Order	Beauty	Self-Control
Love	Virtue	Stability	Simplicity	Passion
Courtesy	Service	Nurturance	Honesty	Forgiveness
Fitness	Fun	Excitement	Genuine	Compassion
Tolerance	Justice	Generosity	Flexibility	Safety
Risk	Comfort	Dependability	Independence	Tradition
Family	Tolerance	Religion	Wealth	Stability

Or anything else!

Who you are is how you _____
parent, teach, lead



Let's Play



Differences Can Lead to Judgments and Disconnection

Differences in:

- Values for education
- Child rearing practices
- Other life demands
- Expectations of children's behavior
- Beliefs about the roles of families vs. teachers
- Experiences/history
- Knowledge about child development
- Race and Culture



It's all about relationships

How we show up with parents

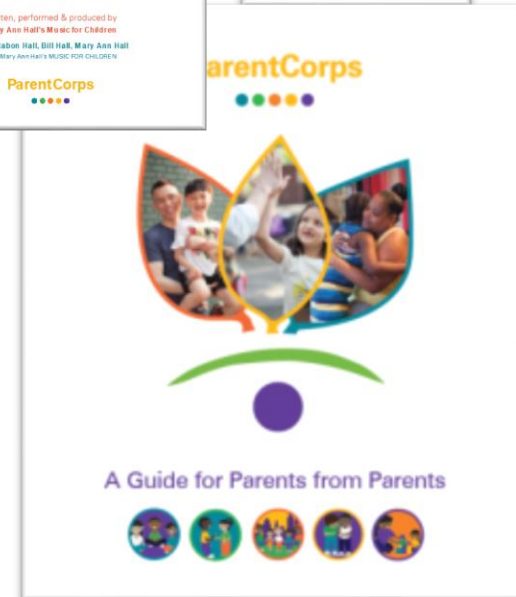
I see you. I hear you. I'm interested in your experiences.
I respect what works best for you - in the skin you're in, based on
your lived experiences, you know what's best.

*Because I feel safe, heard, cared for in this space, I'm able to take in
this information and try some new strategies.*



Parenting Program

	Session Topics	14 weeks 2 hours/week
1	Welcome to ParentCorps	
2	Setting Goals	
3	Routines & Responsibilities	
4	Enjoying Mealtime Together	
5	The Power of Play	
6	Positive Reinforcement	
7	Sticker Charts	
8	Active Ignoring	
9	Preventing Misbehavior	
10	Effective Discipline Strategies	
11	Time Out	
12	Dealing with Feelings	
13	Taking Care of Yourself	
14	Planning for the Future	



You are welcome here.

You are valued.

You matter.



ParentCorps



Real Talk about ParentCorps

You may be thinking:

"I don't need a parenting program - I've already raised children or I can just go to my family or friends."

Consider this: Maybe someone needs you! ParentCorps is all about parents supporting each other. You also learn about what your child is learning in school – and strategies for how you can help your child succeed.

You may be thinking:

"Parenting programs are for parents who are struggling."

Consider this: ParentCorps is for ALL parents. Parenting can be hard and children do not come with manuals. Each child responds in their own way to different parenting practices. All families have different values, traditions, and approaches that they bring to parenting. ParentCorps is a place where parents can come together to share and learn about how to support their children's development.

You may be thinking:

"My pre-K child is still really young. I will focus more on their development when they get older."

Consider this: Your child's brain and behavior are developing the MOST during the early years. Learning how you can support your child's development through day to day activities can set them on a strong path for kindergarten and beyond.

ParentCorps is coming soon to your school!



Together We: Parent. Share. Learn. Grow.



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