

Second Annual Central PA Workshop on Evidence-Based Mental Health Services

*The Child Study Center and Psychological Clinic at The Pennsylvania State University,
and the State College Area School District and SUMMIT Project present*



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“Developing An Evidence Based Approach to Treating Childhood Trauma: A Personal and Professional Narrative”

Abstract

The training will briefly introduce clinicians to the impact of childhood trauma and the history, development, and research supporting the efficacy of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). The training will focus on introducing clinicians to the PRACTICE components of TF-CBT that are used to effectively assist children, teens, and parents impacted by childhood trauma. This overview workshop is designed to give participants “a taste” of TF-CBT” to enhance their understanding of the potential benefits of early effective interventions for children, adolescents and nonoffending caregivers impacted by trauma. Case examples, role plays, creative interventions and the importance of clinician self-care will be highlighted.

Friday, May 15, 2015

8:30 a.m. – 3:00 p.m.

Child Study Center

127 Moore Building, University Park



Registration is required. \$50 for Penn State affiliates. \$75 for non-Penn State attendees.

Contact Amanda Goble (amg283@psu.edu) with questions or to register.

This talk is designated for a maximum of six continuing education (CE) credits for psychologists. Full attendance at the workshop is required to receive CE credit. Late arrivals or early departures will preclude awarding of CE credits.

The Penn State Psychological Clinic, Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Penn State Psychological Clinic maintains responsibility for this program and its content.

Please contact Dr. Brian Rabian, bar25@psu.edu, if you would like additional information.

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