

The Child Study Center and Psychological Clinic at The Pennsylvania State University, and the State College Area School District present



Dr. John E. Lochman PhD, ABPP

Director of the Center for Prevention of Youth Behavior Problems
Professor and Doddridge Saxon Chair in Clinical Psychology at the University of Alabama

“The Coping Power Program for Aggressive Children: Intervention Framework, Outcomes, Adaptations and Dissemination”

Coping Power is a cognitive-behavioral intervention designed to address the emotional regulation and decision-making problems of preadolescent aggressive children. It includes components for children and for parents. The workshop will provide an overview of the intervention and examples of intervention activities. Research evidence of sustained reductions in school behavior problems and improved language arts grades will be presented, along with outcomes associated with variations in program implementation (e.g., use of the child or parent intervention alone, group vs. individual intervention delivery). Process research identifying child and therapist behaviors that predict positive outcomes will be shared, with implications for intervention staff training. Recent adaptations of Coping Power will be described, including the value of integrating Coping Power with internet enhancements and Mindfulness Training, and tailoring Coping Power using the Family Check-Up method. The workshop will also describe issues in program dissemination, including how variations in intervention staff characteristics, training, and work settings affect program outcomes.

Friday, May 13, 2016

8:30 a.m. – 3:00 p.m.

127 Moore Building, University Park

Registration is required: \$50 for Penn State affiliates; \$75 for non-Penn State attendees. Contact Shannon Ranio (srr12@psu.edu) questions or to register.

This talk is designated for a maximum of six continuing education (CE) credits for psychologists. Full attendance at the workshop is required to receive CE credit. Late arrivals or early departures will preclude awarding of CE credits. The Penn State Psychological Clinic, Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Penn State Psychological Clinic maintains responsibility for this program and its content. Please contact Dr. Brian Rabian, bar25@psu.edu, if you would like additional information.